

Black Motherhood

Navigating motherhood

How have Black mothers displayed resilience when facing adversity, racism, and socioeconomic disparities? What are some tools Black mothers may implement to protect their children in difficult and discriminatory environments?

Thinking about the multi-generational role that Black mothers play in passing down cultural traditions like language, values and faith-based identity; how does this shape their children in developing a deep sense of identity and belonging within society?

What are some specific concepts Black mothers must assess when preparing their children for the realities of navigating a diverse and often discriminatory world? Think about preparing children to understand racism and to handle potential encounters of discrimination.

Healthcare

How can cultural humility and sensitivity training impact Black women's communication with maternal health practitioners?

How can the presence of a Black doula impact maternal health issues such as healthcare navigation, culturally sensitive care, labor and maternal/infant mortality?

What are some unique factors that can impact Black mothers' experiences with postpartum depression and their access to "healing resources"? Think about things like societal stressors and healthcare practitioner support.

Sister Circles

How can culturally reflective social networks impact the total health of Black mothers?

How is engagement with other Black mothers supportive to informing birthing decisions, parenting styles and advocacy for resources that positively impact children and the parenting experience?

How can positive and culturally reflective social circles lead to more role models for mothers and children?

Leaning In and Leaning Out

Advocacy in the Traditional School Setting

How can advocacy for school policies and resources ensure an equitable experience for Black and racially diverse students? Think about school funding in low socioeconomic communities, accessibility of advanced courses, sports, and other extracurricular activities.

How can schools be encouraged to adopt restorative justice processes that aim to address disproportionate discipline?

How can in-school mental health services support students who may be impacted by discrimination, social influences, and systemic racism?

Homeschooling in the Black Family/Community

How can a homeschool environment serve as a method for cultural empowerment for Black students?

How can schools be supportive of Black families in their district who choose to homeschool their children?

How can the community and “learning co-ops” work collaboratively to ensure that homeschooled students and their families have access to resources and tools for learning?

Student-Based Advocacy in the School Settings

How can student voice encourage administrators and leaders to create more inclusive environments in the school setting? How can school leaders create spaces for student voices to be heard and for students to take on leadership initiatives?

How is student leadership pivotal in engaging community spaces to build partnerships that support Black student’s extra-curricular interests and academic endeavors?

How can school leaders champion Black students to create safe spaces like clubs and organizations where they can connect to discuss experiences, create supportive networks, and collaborate on common goals?